



How to: *Survive* the long bus journey

Sitting on a coach for a solid 10 hours can get very boring very quickly. Build the ultimate road-trip survival kit for your students:

Prepare entertainment

Encourage students to load their mp3 or tablet up with music or films. Don't forget headphones and a full charge before you set off.

Pack snacks

Even if you have arranged stops on the way to pick up food, a snack will help stave off hunger for those feeling a bit peckish. And sharing is a great way to engage with classmates. Don't forget to bring plenty of water, especially in hot weather.

Get the dress code right

Whilst your students may think it's great getting out of school uniform remind them they are going to be sitting down for the best part of a day.

Try and bag a window seat

Start capturing memories of the trip early by encouraging students to take pics through the window and share to their Instagram account.

Get some rest

Encourage students to rest on the way. This won't be easy, but there are a couple of things they could pack to help get comfy;

- An eye mask
- Ear plugs
- A travel pillow
- Playing some calming music might help you to drop off

Swat up

Anyone lucky enough to be able to read on the road should bring some travel guides or material about the trip. Alternatively, they could download the 'Field Trips' app and get snippets of information straight to their mobile.

Take quizzes

Quizzes can be a fun way to pass the time – you could even relate them to your destination. And if you're super organised it could last the entire trip with prizes given out on the return journey!